



DENTAL SURGEONS & IMPLANT CENTERS

OF FALL RIVER, DARTMOUTH, AND MIDDLEBORO

If you received these instructions, your extraction has caused a communication between your sinus and your mouth. This is a “somewhat” common occurrence with the extraction of maxillary posterior teeth. This communication will often close spontaneously (on their own) with compliance the following instructions:

INSTRUCTIONS FOR SINUS COMMUNICATIONS

- ❖ Do Not blow your nose for one month following the extraction (wipe away secretions)
- ❖ Sneeze through your mouth (no pressure through your nose) for one month
- ❖ No Carbonated drinks or use of straws for seven days
- ❖ No smoking for seven days
- ❖ Do not attempt to force air through this communication by any means
- ❖ Take medications (usually antibiotics & decongestants) as directed

We will usually follow you frequently if this communication does occur. Occasionally these communications require a secondary procedure to close the opening. If you have any questions, do not hesitate to call our office.